



**NANAIMO CHILD
DEVELOPMENT CENTRE**
Opening Doors®

2020

IMPACT REPORT



250.753.0251



INFO@NANAIMOCDC.COM



WWW.NANAIMOCDC.COM



Our Mission

Promoting optimum
child development
by serving children & youth
with developmental needs
and their families.

Est. 1967





Welcome

Message from the Board President and Executive Director

It would not be an exaggeration to describe the past year at NCDC as extraordinary. It was extraordinary for the NCDC, as it was extraordinary for the entire world. The pandemic that started in the winter and spring of 2020 overshadowed a lot of what we have done over the past year and forced us to reallocate our resources to adapt to the new environment. Many of our initiatives had to be paused or postponed. These initiatives, which we will revisit in the future, highlight the spirit of innovation at NCDC and demonstrate our commitment to excellence in the work we do to support the development of the children and families of our community.

In April of 2019 NCDC expanded its Family Resource Navigator program. Funded by the Ministry of Children and Family Development, the Family Navigator expansion and addition of a Community Play Group was part of a new provincial initiative to enhance support for families with young children. In response to feedback from across BC, MCFD began funding programs that would support the fostering of Indigenous cultural connection and cultural safety, focus on families experiencing vulnerabilities and promote inclusion for children. In 2017, with grants and fundraising, NCDC began its own Family Navigator program to address some of these issues. As of 2019 this program began receiving core funding from the province. This enabled its expansion and the addition of a parent/child drop-in playgroup. As part of this new initiative NCDC partnered with Tillicum Lelum, Aboriginal Friendship Centre and Ladysmith Family and Friends to deliver new services and enhance the work we do through collaboration and mentorship.

Enhancing cultural safety in our services was a key theme for 2019. In addition to attending “The Village” experiential workshop at the Snuneymuxw Health Centre a significant number of NCDC staff participated in an extensive Cultural Safety and Trauma Informed Practice initiative started by the British Columbia Association for Child Development and Intervention. This initiative was developed to advance the skill and competency of early child development professionals in BC and to improve early intervention services for indigenous families.

Another new initiative for 2019 was our Outdoor Play Day. This event was started to highlight the possibilities for outdoor inclusion for children with disabilities. By partnering with specialized equipment suppliers, NCDC provided opportunities for children to experience activities in the wilderness on adaptive kayaks, paddleboards and off-road equipped wheelchairs. The event was a great success and is planned to be an annual event.

In 2019 we continued our efforts to advance the education of and skill level of professionals in Nanaimo and across the Island by hosting our Making Connections conference and workshops. In 2019, renowned Occupational Therapist Kim Barthel was brought in for a sold out workshop. Our parent workshops also continued in strength and popularity in 2019 through our Family Knowledge Nights.

When the pandemic hit in March of 2020 it forced us to shift all of our resources to planning for service continuation in a new environment. We developed an extensive Covid-19 Safety Plan which included our restart plan that was initiated once we had the appropriate safety measures in place. While we had a brief interruption in services we were able to shift most services to a virtual model which eliminated all risk to our clients and staff. The restart plan has re-initiated with a hybrid model of service which includes both virtual (teleconference and telephone) services and safely delivered in-person services when needed. Unfortunately we were not able to open the preschool along with our virtual services. The preschool will open again when we are confident we can do so while maintaining the safety of the vulnerable population we support.

2020 has been a difficult year for our fund development team with the cancellation of all our public events. But through all of the upheaval we are incredibly grateful for the ongoing support we have received despite the loss of these events. In 2019 Shoreline Orthodontics became the new Title Sponsors for our Silly Boat Regatta. Then, despite the cancellation of the 2020 event, Shoreline

Cont...Message from the Board President and Executive Director

donated the 2020 sponsorship amount. In 2019 we began a new partnership with the Tidesmen and we are hopeful about the future prospects for this new partnership. We also continue to receive support from the service clubs of Nanaimo, for which we are especially grateful during these difficult times.

In 2019 we expanded the capacity of our preschool to be able to serve more children. This expansion was made possible thanks to a generous donation from Island West Coast Developments. This year we also had to make substantial roof repairs and once again we were blessed with a generous donation. Erickson Roofing and their suppliers donated the entire repair. Generosity, support and community spirit such as this is incredibly inspiring for all of us at NCDC and demonstrates that we are truly all in this together.

Through all the successes and challenges over the past year one thing that remains consistent is the commitment of the NCDC Board of Directors, the NCDC Management Team and the NCDC staff. We are fortunate and grateful to have such a dedicated team of individuals unfaltering in their dedication to the children and families of our community.

Michael Robinson

Dominic Rockall

2019/2020 Board of Directors

Leadership changes lives. We are fortunate to have a Board of Directors that is passionate about the work of the Nanaimo Child Development Centre. This past year has been a journey of change as the Board dedicated significant time to a year to consult on a new inclusive playground at Maffeo Sutton Park. We are thankful for this group of fantastic people:

Michael Robinson—President

Ken Hammer—Vice President

Jane Eade—Treasurer

Kevin Gillanders—Chair of Personnel Committee

Laura Addison—Director

Troy-Anne Constable—Director

Kimberley Judson—Director

Jennifer Leslie—Director

Sheridan King—Director

Blake McGuffie—Director

Dr. Keith Menard—Director

MEASURING



88%

of staff surveyed stated the NDC is family Centered in respect to themselves as staff



226

families attended our newly launched Nanaimo Community Playgroup



398

calls were received by the Family Resource Navigator from families asking for community resources



96%

of youth attending the Child & Youth Development program report satisfaction



- "Knowledgeable and caring case workers"
- "A very positive experience! My gratitude to all"
- "Dedicated staff with excellent follow up"
- "So Supportive and non-judgmental"

SUCCESS IN 2019

of staff surveyed stated that considering everything they were satisfied with their job

81%



of families report an improvement in their child's skills and abilities

82%



of staff surveyed stated they agree the NCDC met it's mandate of providing family-centered care

93%



It took an average of 2 months for families to receive an initial consultation form Early Intervention Services



- "I was surprised with what is offered. What a valuable and wonderful service"
- "Extremely valuable knowledge and help for families in need"



Human Resources

“Staff!! They make the Centre: qualified, energetic, accommodating and dedicated” -Parent Feedback



2019-2020 was a defining year for developing flexibility with our workforce at the Nanaimo Child Development Centre. I would like to thank our staff, volunteers, students and the families that we serve for their true dedication for helping children, and for working as a team to find our way down a difficult path that the Pandemic presented. We shared ideas and developed policy and practice to assure the Centre could continue operations. I would like to take this opportunity to specifically thank our IT personnel who managed to assure every single employee could remain connected virtually. I would also like to thank all of the staff who moved operations into their homes, creating confidential workspaces so service delivery could continue. Housekeeping has done an amazing job assuring our facilities are sanitized and safe. A thank you to the Health and Safety team who developed a comprehensive Pandemic safety plan to protect us all. Finally a thank you to the families who adapted, gave feedback, suggestions and helped us discover our new normal.

We wished a Happy Retirement to a long time employee Michelle Kocourek who dedicated 17 years of her career to the Nanaimo Child Development Centre, first in the Administration Department and then with the Resource Development Department.

Desiree Webber

Long Term Service Awards Presented To:

5 Years:

Hilary (SLP)
Kimberlee (FRN)
Susan C (IDP)
Sasha (OT)

5 Years cont...

Martina (SW)

10 Years:

Judy Gallacher—FD
Marilou (HSK)
Amber (SCD)
Kathryn (SLP)
Leanne (SW)

15 Years:

Names
Betty (ECE)
Estella (SCD)
Fran (SW)

20 Years:

Names
Desiree Webber—HR

Long Term Board Director Service Awards to:

Ken Hammer—5 years
Jennifer Leslie—5 years



Program Report

“Every success story is a tale of constant adaptation, revision and change” - Richard Branson



Over the past year, we continued to assess and implement improvements to our service that would benefit children and families in our community. It is through this constant reflection and adaptation that we have found success in our ability to meet our mission, which is to promote optimum child development by serving children and youth with developmental needs and their families.

Highlights Of The Year

- *Received a three year CARF accreditation.*
- *Started the ‘Nanaimo Community Playgroup’ for families with children up to 6 years old.*
- *Created an Intake Worker position to reduce program wait time.*
- *Revamped our service delivery model from multidisciplinary to interdisciplinary.*
- *Initial consultation for new referrals reduced wait time for families.*

Our service delivery teams took steps to enhance our model of service by changing our seating arrangements from departmental team to zone team, which is made up of members from each discipline at the Centre. Interdisciplinary teams by definition rely on members from different disciplines, to work collaboratively with families for a common purpose. This includes setting goals, making decisions and sharing resources and responsibilities. Rearranging our seating provided opportunities for staff to fully submerge in an interdisciplinary team experience. Some of the reported benefits of this change has been increased opportunity to learn from peers from a different discipline, increased communication between family teams and increased efficiency for families receiving service.

To ensure equity in service delivery and wait times, most programs now provide an initial consultation for children referred to early intervention services within 3 months of receiving a referral. An initial consultation includes an assessment of a child and family’s needs through observation, parent interview and possible standardized measures. The family is then provided with a follow-up plan with recommendations which includes support strategies, resources and possible group invitations. After the initial consultation children are prioritized for further service based on a priority framework specific to each department. Adjusting service delivery to this framework provided efficient outreach to families who previously waited more than a year for first contact with clinical staff.

The center continues to dedicate time and resources to creating positive workplace culture and improved staff wellness. The implementation of a wellness committee, a commitment to professional development, and an open door policy for staff with management were a few of the measures taken to support staff wellness. On a recent staff survey, 84% of staff reported they were satisfied that NCDCC supported their health and wellness, which was a 20% increase from 2017.

A heartfelt thank you to the dedicated teams and departments at the Centre who work to improve the lives of children and families. It is through our dedication to cohesive teams that we are able to work together through incredible change. A testament to the strength of our Centre.

With gratitude,
Cheryl Booth



Infant Development

The Infant Development Program (IDP) continues to provide support to infants/children aged birth to three years (and their families) who have developmental delays or who are at risk for developmental delays. During 2019-2020 IDP consultants have been able to provide service quickly so that there is little or no waitlist for the program.

Highlights Of The Year

The IDP is fortunate to have staff with diverse education and experience backgrounds. These backgrounds set the foundation for a wide breadth of knowledge sharing to the benefit of IDP clients and the NCDC staff as a whole. This year we were fortunate to welcome Johanna Ferguson and Madeleine Bray onto the team. Johanna has brought with her a wealth of experience and a passion for connecting with her clients and their families; while Madeleine has boosted the team with her enthusiasm, a positive attitude, and the ability to quickly establish rapport with her clients.

While the majority of IDP support occurs in the family's home the IDP consultants also take on an active role with community partners. This past year the IDP consultants:

- Provided information sessions at numerous community programs including LAFF, Prenatal Lunch Bunch, Connections, Born Healthy, StrongStart, Healthy Start to Learning and the Tillicum Lelum drop in programs.
- Offered infant massage groups as well as therapy specific groups in collaboration with the Physiotherapy and Speech and Language programs at the Nanaimo Child Development Centre. All of these groups received positive participant feedback.
- Networked with the Neonatal Intensive Care Unit at Nanaimo Regional General Hospital to provide information to client families and hospital staff about the IDP program.
- Worked with VIHA Speech Pathologists to ensure continuity/consistency of service between the programs.

The IDP consultants are passionate about their work and are committed to providing the highest level of service to their clients. IDP consultants are always on the lookout for updated best practice standards and educational opportunities that allow for higher level comprehensive services to clients and their families. We look forward to supporting many new clients, building on our community network of support, and meeting any challenges with a positive attitude.

Speech Language Therapy

The speech and language program has four Speech Language Pathologists (SLPs) who provide consultations, assessments and intervention programs to children and their families to support their communication skills and feeding/swallowing skills.

Highlights Of The Year

- We continued to respond to referrals within 3 months this year with the goal of providing parents with coaching and strategies that can help them to understand and support their children's communication needs as quickly as possible. By offering families initial consultations, blocks of service, group interventions, parent workshops and on-going individual interventions, we are able to give more families the tools they need to support their children in a timely way.
- We offered a full range of groups this year. In the spring of 2019, the *Launch Into Letters* group coached parents to support the development of pre-literacy and pre-printing skills in their children who were getting ready for Kindergarten. In the fall of 2019, we co-facilitated the *Play with Words* group with the Infant Development Program and the *Social Starters* group with Occupational Therapy. *Play with Words* provides parents and early communicators with strategies that help support early play and language skills. The *Social Starters* group focuses on play and interaction skills for parents and children who are learning early social communication skills. The *Social Starters* group was so successful this fall that the parents continued to meet into the new year for a drop-in group to solidify their new skills.
- *Communicating with Visuals*, a parent workshop presented with Occupational Therapy, was offered to parents this fall with childminding available. This workshop gave caregivers strategies on adding visuals to support their children in communication and routines.
- *Play Explorers* was a newly developed group offered to families in early 2020. This group focused on expanding play, imagination and pretending skills in preschool-aged children and giving parents ideas on building their children's play and language skills.
- The SLPs were also busy providing opportunities to share our ideas and information with our NCDL colleagues. In *May is Speech and Hearing Month*, SLPs presented information and activities on Alternative and Augmentative Communication (AAC) and ideas for supporting AAC users in early learning classrooms. The ASL Spelling Bee rounded out a month of posting and practicing new sign language vocabulary.
- Our SLPs had another busy year of on-going professional development through conferences and on-line training opportunities, sharing updates from new training with colleagues. We welcomed an SLP student from the University of British Columbia this year, helping to support the next generations of Speech Language Pathologists.

Overall it was a great year in the SLP program and we ended the year ready to tackle the challenges of the year to come.

Physiotherapy

The Physiotherapy (PT) department is currently providing service with the idea that everyone deserves to be seen rapidly and provided with at least minimal recommendations. The creation of different groups to service multiple clients at the same time has helped to provide timely intervention as well as decrease the number of children on our waitlist. Despite the small waitlist, children continue to wait a lengthy amount of time for service.

Highlights Of The Year

During 2019, all PT referrals received an initial consultations with a Physiotherapist to assess the child's needs and determined their priority level using the prioritization rubric which allows for fair service delivery. Following initial consultation, the therapist either assigned the child to the intervention waitlist, or provided minimal, short term consultations. Children with higher physiotherapy needs were picked up right away by one of the 3 therapists for continued service. Initial consultations identified service levels based on the prioritization rubric. Initial consultations were provided within 2 months of receiving the referral.

- Physiotherapists continue to be part of the twice yearly Sunny Hill seating and mobility team outreach clinics held at the NCDC.
- The Centre offered adapted aerobics and yoga classes for clients, their siblings and friends.
- The Rocking Rockets group continues to be a success in terms of managing the waitlist. This parent participation group supports children and parents learn strategies and activities to develop their child's balance and coordination.
- Nanaimo Ninja Warriors was available for school aged therapy clients three times a year.
- Two new groups were created that were run jointly with PT and IDP: Caterpillars and Butterflies. The groups are intended for babies from 3 to 18 months who are not walking yet and focus on teaching caregivers how to encourage baby's gross motor development through play. It is a very well-attended group!
- A Learn to Bike group was run jointly with OT and PT in the summer.
- The first annual **Outdoor Play Day** was held at Westwood Lake in August. It was a huge success that allowed adults and children with disabilities to trial adapted outdoor equipment and to learn about available adapted activities around Vancouver Island.
- Physiotherapists participated in different ongoing professional development including:
 - ◊ Seeing and Moving course with Kim Barthel, Pediatric Update Symposium at BCCH, Cultural competence/safety and trauma-informed practice with indigenous families follow-up, HINE workshop and a Clinical Educator workshop by UBC

Occupational Therapy

The Occupational Therapy (OT) department provides assessment, consultation and intervention within two programs; early intervention (EIP) and school age therapy (SAT). Additionally, OT provides Occupational Therapy support to the Vancouver Island Children's Assessment Program (VICAN).

Highlights Of The Year

The OT department has fully implemented a complete initial consultation process for each child referred to OT within EIP. With minimal exceptions all families are being contacted within 3 months of their referral to OT. The average wait before initial contact by the OT department is less than 2 months. The initial consultation process includes assessment of the child and family's needs through observation, parent interview and possible standardized measures. The family is then provided with strategies, group invitations and/or a follow-up plan for further services. Following the initial consultation children are prioritized for further service based on their family's goals, current level of participation in daily activities, previous services and assessed needs.

The OT department hosted two parent-participation intervention groups collaboratively with the SLP department. Social Starters and Pre-Kindergarten Launch into Letters group. Both of these groups involve modeling, activities and coaching for parent/caregiver's to use strategies in their homes and community. An OT in collaboration with SLP hosted Communicating with Visuals parent workshop.

Occupational Therapists serve on several internal committees as well as providing input and education to community partners such Nanaimo Ladysmith Public Schools. An OT with an SLP colleague attended and presented at the CanAssist workshop regarding the use of adapted technologies in community practice. The ideas discussed in that workshop were shared with NCDC at a try and play session.

Staying current with research and practice is an important professional responsibility and translates to improvements in service to clients. All OTs had the opportunity to attend the Seeing and Moving course by Kim Barthel hosted at the NCDC. Other professional development opportunities included:

Feeding and Swallowing for Infants, Mealtime Misereries, Reconciliation in Action, Trauma Informed Practice, Fetal Alcohol Spectrum Disorder, Invisible Disabilities, Autism Interventions, Autism and Differential Diagnosis, Pediatric Update Symposium (various topics) and Therapeutic Listening.

Child & Youth Development

The Child and Youth Development (CYD) Program provides support to children and youth with special needs. The program receives referrals from MCFD Child and Youth with Special Needs (CYSN) Social Workers.

Highlights Of The Year

Since the last reporting period the Child and Youth Development Program has provided groups and individual support for approximately 119 clients. The program completed in-person goal specific group programming that focused on life skills, social skills, play skills, and recreation. Group topics including social thinking, self-esteem, leadership skills, and transitional support for teens transitioning into adult services. The program also facilitated a highly attended and well received psycho-educational group for siblings of program participants. Throughout the year and in between groups the program provided families with parenting support, increased goal focused individual sessions with children and youth, as well as several seasonal events and family drop-ins. The program supported an eight-month practicum for a 4th year Child and Youth Care student from Vancouver Island University.

During this time the Child and Youth Development Program also partnered with Nanaimo Food Share to offer our transitioning teens an opportunity to learn from a community professional what the food bank was able to offer within our community, other community partnerships, as well an opportunity for the teens to take part in a short cooking class with fresh local produce provided by the Nanaimo Food Share program. CYD also partnered with VIU and provided a campus tour for our transitioning teens which provided information to them around what programs were available, what supports they could access, and where each building and service was located within the campus.

It has been an honour for our team to be able to continue doing the work that we do, and we look forward to the upcoming year of continued growth for the Child and Youth Development Program throughout our time together.



Family Development

Family development provided early intervention service to families with children aged 0-6. School aged intervention was provided to children aged 6-12 through a partnership with Child and Youth Mental Health who screen for program eligibility.

Highlights Of The Year

Since the last reporting period, Family Development Consultants supported families by providing individual support sessions to address topics such as parenting, child development, grief and loss, family communication, social/emotional needs, behavior, family relationships, and other mental health concerns. Service were delivered through in home intervention, Centre visits, telehealth and group work.

Ongoing monthly support was offered to parents through a parent drop in that began after a group two years prior. This has been quite successful since its inception. Parents determine topics of discussion and the group was open to new parents joining monthly. Parents saw this as a monthly refresher and a way to network with one another.

To address long wait lists and limited resources the team began providing wait list consultations to families which was well received. All families referred to the Family Development Program will receive a waitlist consult within 2 months of the referral. After the consult, family will be provided with information about wait times and alternate service options available while they wait for individual support.

Family Development Consultants continued with their professional education as opportunities arise in the community. The team participates on NCDC committees including the Performance Management Team, The Wellness Committee and the Fun team.

“Tell me and I’ll forget.
Teach me and I’ll remember.
Involve me and I’ll learn.”
- Benjamin Franklin



Family Resource Navigator

The Family Resource Navigator (FRN) supports families by providing information, education and support to navigate systems such as health care, social services and the school. In addition, FRN offers peer to peer parent groups and educational knowledge sessions for parents and community members. This year saw the addition of an Early Years Playgroup for families with children up to 6 years old.

Highlights Of The Year

Since the last reporting period:

- ⇒ FRN received 398 calls from families asking for support with resources,
- ⇒ 226 families participated in playgroup
- ⇒ 301 individuals enhanced their skills and knowledge through our knowledge sessions
- ⇒ 61 families took part in our peer to peer sessions
- ⇒ 104 children attended childminding services while their parents participated in peer to peer or knowledge sessions
- The FRN program successfully launched a Nanaimo Community Playgroup which saw record breaking attendance in the first year.
- The Program hosted 7 parent peer to peer groups, which included a parenting support group, single parent group, grandparents raising grandkids, as well as support groups for parents or guardians raising children with Downs Syndrome, ADHD, FASD and ASD. Parent support groups were facilitated in partnerships with community organizations, which included; Parent Support Services, Autism BC, NCDSCS and Parents Alliance for Differently Abled Learners (PADAL)
- Knowledge Night sessions and workshops included a variety of topics, such as; Mental Health, Mindfulness, FASD, Sexual Health, Adverse Childhood Experiences (ACE's), Advocating for your Child and Navigating Education Systems. The program co-hosted some of these workshops with community/provincial organizations such as Foster Families, MCFD, Parent Support Services, VICAN and Autism BC.
- Co-Partnered with Autism BC to provide a Young Adult Social Time Group.
- Hosted for over 130 families an Old Fashion Christmas Family Day in partnership with Parent Support Services, Autism BC and Canucks Autism Network.
- FRN continues to liaise with community projects such as the Early Years Healthy Start Fairs, Outdoor Play day, Nanaimo Youth Advocacy Group, Nanaimo Local Action Mental Health Team, and ADAPT Island.

There is much gratitude for the childminders and volunteers that help make parent nights successful by offering amazing childminding during all of the FRN sessions. The childminding services allowed parents to enhance their knowledge and networks within their community and gave children opportunities to play and develop their social skills in a safe caring environment.

A heartfelt thank-you to the Children's Health Foundation for funding this program for another successful year.

Vancouver Island Children's Assessment Network

VICAN provides assessment services for children from 2 to 19 years of age with a query of Autism Spectrum Disorder, Fetal Alcohol Spectrum Disorder or Complex Child and Youth.

Highlights Of The Year

2019 and 2020 continued to be a steady period for the VICAN program. Building on the harmonized model of services established the previous year, the program exceeded assessment targets for both Autism assessments and multidisciplinary fetal alcohol and complex child and youth assessments.

VICAN's close partnering with the NCDC Family Navigator has allowed the diagnostic program to offer richer and more supportive services to newly diagnosed families. The VICAN Assessment Coordinator and Family Navigator joined to offer an educational seminar on how families can support themselves and access services while waiting for an assessment. Written materials from this seminar continue to be available to families accessing services at the Centre.

The team is pleased with the recent addition of a 'Family Assessment Report' that examines the interaction patterns between family members and their impact on how children see themselves, others, and the world. This report goes only to the family and the referring doctor and is designed to illuminate or reframe families' understanding of their children.



Supported Child Development

Supported Child Development (SCD) provides a wide variety of supports to community Preschools and Daycares, enabling them to include children with additional needs.

Highlights Of The Year

Since the last reporting period, SCD provided service to over 189 children and 64 childcare centres from South Ladysmith to Nanoose, with 9 support workers and 7 SCD Consultants. There has been little to no waitlist for services so SCD Consultants have been able to respond quickly to referrals.

SCD service included consultation to child care programs, creating resources, conducting assessments of developmental skills for children, supervising support staff and overseeing a lending library of equipment, toys and other resources available to the childcare centres.

SCD continued with a pilot project to offer an education based support service for childcare centers. This included offering the “Positive Approaches to Behaviour” education module to childcare centers in conjunction with a support plan. The support plan includes the childcare staff, the SCD Consultant and the SCD Support Worker and aims to create a partnership working towards the common goal of improved service to children and families. We have provided extensive education through this model, with moderate success. The challenge we have been experiencing is responding to the high numbers of staff turnover in Early Childhood Programs in the community.

Along with the other departments in the NCDC, the SCD program moved offices in order to sit in a zone model of service. This model has been proven to greatly benefit the children and families we serve.

—◆—
A CHILD HAS A SPECIAL WAY,
◆ of adding joy ◆
to every day!
—◆—



Preschool

The Child Development Centre Preschool provides a quality, inclusive, learning environment to children of all abilities between the ages of 30 months to 5 years.

Highlights Of The Year

- The Preschool Early Childhood Educators, Paula Hopkins and Betty Bugley, continue to embrace both a Reggio Emilia inspired preschool practice and an Emergent Curriculum. Feedback from families has been overwhelmingly positive.
- ECE's continue to engage in an evolution of the program, which will include a change of preschool class hours this coming year. This is in response to requests from families to offer longer class times.
- This past year, the preschool welcomed a student from the Early Childhood Education Program at Vancouver Island University, allowing staff the opportunity to share their knowledge and experience.
- A grant from The Pacific Salmon Foundation enabled the preschool to participate with SD68 in the Salmon program by supporting the purchase of a new chiller. This new chiller allowed us to once again hatch salmon eggs, raise them through all of their growth stages to the point of releasing the fry in the Millstream River. In past years, children and families embraced learning about the importance of our streams and local waters and being stewards of the environment.

“Play is our brains
favourite way of
learning”.

- Diane Ackerman



Alone
WE CAN DO SO LITTLE

Together

WE CAN DO SO MUCH



Helen Keller



Fundraising

The Resource Development Department (RD) is responsible for the development, implementation and evaluation of the fundraising and marketing campaigns for the Nanaimo Child Development Centre. Incredible community support through our many events (Silly Boat, and Gift-wrapping) to name a few and many third party fundraisers are at a all-time high. Other major fundraising sources include general donations and Foundation & Grant applications. RD is also responsible for recruiting, training, supervising and recognizing volunteers. The Nanaimo Child Development Centre would not be where it is today without the support of its donors, sponsors and volunteers. We are incredibly grateful to all who continue to help us support the children whom we serve.

Highlights Of The Year

The Resource Development Department itself underwent some changes this past year. We were sad to say goodbye to our longtime employee Michelle Kocourek, whom has been an integral part of the success of our RD Department and an Employee of the Centre for many years. In 2018 Michelle was recognized through the Chamber business awards receiving the Above & Beyond award. This award is given to a social services staff person who most exemplifies excellence. We wish Michelle all the best in her retirement, but look forward to seeing her regularly as she has agreed to still volunteer at the Centre and remain on our Silly Boat committee.

The Nanaimo Child Development Centre (NCDC) is one of Canada's finest non-profits serving children and youth with developmental challenges and their families through its stellar CARF accredited designation, once again awarded top honors by CARF. Additionally, we were nominated for the Greater Nanaimo Chamber of Commerce Business Not-for Profit and Health Care Categories, as well as our Executive Director Dominic Rockall was nominated for the Above and Beyond category.

The Silly Boat Regatta, continues to be the most publicly attended event of the year – with close to 10,000 people in attendance. 40 teams participated in 2019 and ultimately raised over \$119,000 to support programs, services and the purchasing of therapeutic equipment for the Centre. So many wonderful businesses, families, organizations and volunteers participate and support this incredible family focused event. Our new Presenting Sponsor, Shoreline Orthodontics, invites you to come down to Maffeo Sutton Park on July 18, 2021 and enjoy the festivities that day! Due to the Global crisis, our 2020 Silly Boat regatta is cancelled.

Our little Drummer fund campaign raised over \$33,000. One of the biggest contributor to this campaign is the funds raised at Woodgrove Centre through our Gift-wrapping. Over 133 volunteers participated to help make this a success, showing incredible community spirit. We are so grateful for our incredible volunteers, and could not do it without them.

Community support is at all-time high, with many third party event proceeds coming to the Centre.

The 15th annual Big Kahuna event raised over \$174,000 with over \$87,000 coming directly to the Centre. The other half of the funds raised went to Children and families in the community that require additional support.

Fundraising Cont...

A Grant from Children's Health Foundation of Vancouver Island this year supported our Family Navigator position and Healthy Start Fair.

RD is responsible for recruiting, training, supervising and recognizing volunteers. The NCDC would not be where it is today without the support of its donors, sponsors and volunteers. We are incredibly grateful to all who continue to help us support the children whom we serve.

A significant donation from Erickson Roofing and Island West Coast Development enabled us to complete two building upgrades. Erickson Roofing donated full services and collaborated with another local supply company to place a new roof on our building. Island West Coast Development donated supplies and time to complete a full renovation to our Preschool adding additional space.

We would like to acknowledge the generous donations of individuals, service groups, corporations, foundations and volunteers who have contributed their time, talent and energy in supporting the fundraising and awareness efforts of the Nanaimo Child Development Centre. It is through community support that we are able to accomplish so much for those whom we serve.

Kathy Shaw



Donors & Sponsors

As a not for profit agency donations are vital to the operations of the Nanaimo Child Development Centre. Your contributions help us in “Opening Doors” for the families in our community. We are extremely grateful for your support.

Individual Donors

The Nanaimo Child Development Centre Society recognizes its obligation to respect and protect the privacy of donors. Personal information provided by donors is therefore not disclosed to any third parties.

Rather than listing donors individually, we would like to take this opportunity to thank all individuals for their donations as well as the participants and individual donors to the Silly Boat Regatta, Telethon, and Little Drummer Fund Campaigns and all third party fundraisers. Your contributions help us in “Opening Doors” for the families in our community. We are extremely grateful for your support.

Major Funders

**Ministry of Children & Family Development
(MCFD)**

School District #68

**Vancouver Island Health Authority
(VIHA)**

Donations In Kind

Able Recognition

Island West Coast Development

Ron’s Landscaping

Adobe

Microsoft Canada

RSM Productions

Archie Johnstone Plumbing and Heating

Mosaic Information Technologies

The Sign Zone

Erickson Roofing

Nucleus Labs

Thrifty Foods

Cisco

Panago Pizza

Turleys Florist

Cobbs Bakery

Quality Foods

V3 Mediaworks

Media Sponsors

Island Radio

Shaw TV

V3 MediaWorks

Nanaimo News Bulletin

The Wave/The Wolf



MAFFEO SUTTON PARK
July 14, 2019

Boat building 8:00am
Races start 1:00pm
sillyboat.com



35th Silly Boat Regatta



ARTWORK BY
Cadence
Age: 10 Grade: 5/6

PRESENTING SPONSOR
shoreline
orthodontics



A FUNDRAISER FOR THE
NANAIMO CHILD DEVELOPMENT CENTRE
Opening Doors®



PLATINUM



KIDS FUN ZONE



ENTERTAINMENT



GOLD



MEDIA



SILVER



www.sillyboat.com

Thank You!

Corporate Donors/Sponsors

100 Men of Nanaimo
460 Realty Inc
AARC-West Mechanical Insulation Inc.
Aaron Kirkbride
AC Taxi
Alair Homes
Alkan Air
Andrew Sheret Ltd.
Aplin & Martin Consultants Ltd.
Archie Johnstone Plumbing & Heating Ltd.
Auto Check Automotive Ltd.
Avron Distribution Inc.
BC Ferries & Marine Workers Union
BC Thermal Applicators Ltd.
Benevity Causes Online Giving
Bibby-Ste-Croix
Big Kahuna Golf Classic
Brad Squire (Squire Plumbing)
Buccaneer Inn
Campbell & Fairweather Psychology Group
CanadaHelps
Carlos O'Bryan's
Casino Nanaimo
CBI Health Centre
Cedar Lions Club
Charitable Impact Foundation CHIMP
Children's Health Foundation of Vancouver Island
Church Pickard Chartered Professional Accountants
CIBC Children's Foundation
City of Nanaimo (Employees)
Coast Bastion Hotel
Coast Capital Savings
Coast Distributors Ltd.
Coastal Community Credit Union
Coastal Publications Ltd.
Con-Rod Installations
Convoy Supply
Corix Water Products LP
Cougar Pacific
Country Club Centre Northwest Prop Ltd.
Country Grocer
Daron Investments Ltd.
Delicado's
Dr. Norman W. King Inc.
Dr. P.J. Koltronis Inc.
Dr. T. Leanne Campbell Inc.
ECCO Supply
Elks Lodge #26 BPO
ESC Automation
Franklin Templeton Investments
Fraternal Order of Eagles #15
Fraternal Order of Eagles #2101
G & G Roofing Ltd.
Generations Church
Gift Funds Canada
Glenn B. Sinclair Law Corporation
Globe Hotel
Golf for Kids
Gyro Club of Nanaimo
HA Photography
Harbor Lites Lioness
Heart-Centred Services Inc.

Corporate Donors/Sponsors (cont'd)

Heath Law LLP
Heatherbrae Builders Co. Ltd.
Helping Hands of WorkSafe BC
Hub International
Huong Lan Restaurant
Industrial Plastics
Integral Wealth Securities Ltd.
Integrity Mortgage Inc.
Investors Group Financial Services Inc.
Island West Coast Developments Ltd.
Island West Coast Excavation Ltd.
JD Structural Consulting Ltd.
JLT Canada Inc.
Kahuna Golf Classic
Kanaka Management
Kinetic Construction Ltd.
Kinette Club of Nanaimo
Kiyo Salon & Day Spa Inc.
Knappet Projects Inc.
L. J. Mechanical Ltd.
Ladysmith Healthcare Auxiliary
Landlubber Pub Ltd.
Lanson's Drywall Systems Ltd.
Lewis Sheet Metal Ltd.
Lifestyle Metal Ventures Inc.
Living Forest Oceanside Campground & RV Park
Long Lake Chiropractic
Longwood Brew Pub
Madill - The Office Company
Mazzei Electric Ltd.
McDonald's Restaurant - Krawchuk Enterprises Inc.
Meir Developments Ltd.
Mequipco Ltd.
Mid Island Co-op
Mid Island U-Lock Mini Storage
Mid Island Vintage Tractor & Equipment Club
Mike Delves Professional Corp.
Milner Group Ventures Inc.
Milton St. Pub
Mini Donut Factory
MNP Social Committee Nanaimo
Moksha Yoga Nanaimo
Morrell Contracting
Nanaimo Association for Community Living
Nanaimo Board Game House
Nanaimo Community Foundation
Nanaimo Filipino Canadian Association
Nanaimo Theatre Group
Nanaimo Toyota
Nelson Roofing & Sheet Metal Ltd.
NFP & WG Assoc. Inc.
North Oyster Fire Department
Northridge Excavating Ltd.
Oceanside Sales & Packaging
Origin At Longwood
Oxy Hotel & Liquor Store
Palace Hotel
Panago
Park Place Law
Parkland Fuel Corporation
Phone Me Gord Communications
Pirate Chips Ltd.
Playsted Sheet Metal Ltd.
Plumbers & Pipefitters Local Union 324
Port of Nanaimo
Price Industries Limited
Pryde Vista Golf Course
Protection Island Lions Club
Provincial Employees Community Services Fund
Pythian Cerebral Palsy Committee

Corporate Donors/Sponsors (cont'd)

Ramsay Lampman Rhodes
RBC Dominion Securities
RBC Foundation
RBC Royal Bank of Canada
Real Canadian Superstore
Real Estate Webmasters
Refrigerative Supply
Regional District of Nanaimo
Regional Recycling
Rocky Point Engineering Ltd.
Rotary Daybreak
Royal Canadian Legion #171
Royal LePage Nanaimo Realty Co.
Sands Funeral Chapel
Serauxmen Club
Shaw Electrical Services Ltd.
Shaw Social North Vancouver Island
Shear Agony Barbershop
Sheet Metal Workers Trade Promotion
Shoreline Orthodontics
Sir William Burnip Lodge 12- Order of Buffaloes
Slegg Lumber
Soap Exchange
Soggy Bottoms Silly Boat Team
St. Andrews United Church
Starbucks
Steve Marshall Ford Lincoln Ltd.
Superette Foods
Telus Community Ambassadors, Central Island Club
TELUS Community Engagement
The Redeemed Christian Church Of God
Thrifty Foods
Tidesmen Barbershop Chorus
Turley's Florist Turley's Brothers Ltd.
United Floors
United Rentals
United Way
Vancouver Foundation
V.I. Sheet Metal Contractors Assoc.
Vintage Fashion Show
VIP Me! VI
VIU Students' Union
W.R. Addison Loading & Hauling
Western Maritime Institute

**“Even though the world has changed a lot,
what our children need hasn’t”
- Maggie Dent**





**NANAIMO CHILD
DEVELOPMENT CENTRE**

Opening Doors®



250-753-0251



info@NanaimoCDC.com



www.NanaimoCDC.com



www.Facebook.com/NanaimoCDC



[@NanaimoCDC](https://twitter.com/NanaimoCDC)