



Jennifer LESLIE

Jennifer is a kinesiologist by trade with additional training in Nutrition and Business. Her career was based on managing a business that specialized in Corporate Health Promotion in Toronto and Vancouver. Jennifer's experience includes volunteer work with the Heart and Stroke Foundation and Canadian Cancer Society in their healthy Workplace initiatives. She teaches Nutrition Education to high school students and offers specialty nutrition education programs for athletes. Her present business STIR COOKING offers healthy cooking classes, products, educational seminars, special events and training initiatives.