

FAMILIES SUPPORTING FAMILIES

Networking Groups

Hosted by the Nanaimo Child Development Centre. (Poster Attached)

First Wednesday of the month, the Child Development Centre is hosting family networking groups. This will be provided in partnership with other community agencies, such as Ups and Downs, Autism BC, and the Parent Supporting Services Society. (If you have a group you'd like to discuss having join in, please give Kimberlee a call at 250-753-0251 ext 259.)

The Families Supporting Families networking groups provides a variety of opportunities for families to meet other families, learn about community resources, and support one another, while their children are enjoying activities of their own.

These evenings provide a place for families to meet, talk, laugh, learn and explore all aspects of child development including their mental health. A place for them to have a voice, develop their voice, share their experiences or sit back relax and listen to other families, while their children enjoy their own evening activities from physical literacy activities, variety of games, arts and crafts, movies and more.

NETWORKING AGENDA

6:15 - 6:30 PM Check in, settle children into childminding activities, grab a refreshment

6:30 – 8:00 PM Networking Session with individual groups or as a group of the whole - flexible in order to meet the needs of those attending - you can attend with the same group or a different group each month - join in and leave when you need to

CHILDMINDING – CHILDREN'S EVENING ACTIVITIES:

Pre-registration is required at least ONE WEEK before each monthly session, an information package needs to be filled out only once. Pre-registration is to ensure enough preparation time and resources are available to support your child(ren) in enjoying their evening.

Physical Literacy session are hosted by Martial Arts Master Brock Fee or Yoga instructor Jackie, (experienced and trained to work with children with diverse abilities). They will be splitting children into two groups each evening younger group going from 6:30 to 7:10 pm, older group from 7:15 to 8:00 pm. Please have children here and ready for 6:30 start, if taking part in Physical Literacy session. Other activities are also available, organized and supported by CDC staff and trained volunteers.

FOR MORE INFORMATION AND TO REGISTER YOUR CHILD FOR CHILDMINDING, PLEASE CHECK OUT OUR WEBSITE www.NanaimoCDC.com OR CONTACT:

Kimberlee Howland – Family Resource Navigator at 250-753-0251 Ext 259 or kimberlee@nanaimocdc.com; or one of the community partners mentioned above.

THIS PROGRAM IS PROUDLY SUPPORTED BY:

