



Enhancing the Mental Health and Development of Children and Youth

AGENDA

Day 2 ~ Saturday, November 4

- 8:00 am Registration
- 8:30 am Welcome
- 8:45 am Keynote: Dr. Vanessa Lapointe – *When the Worry Monster Attacks; Understanding & Supporting Children Struggling with Anxiety*
- 10:15 am Nutrition Break
- 10:35 am Keynote Continued – Dr. Vanessa Lapointe – *Childhood Anxiety*
- 11:35 pm Lunch Break – Lunch Provided (*Visit Exhibitors*)

Afternoon Workshops C & D

12:40 PM

<p>C1 The Dance of Attachment: Healing & Enhancing Essential Connections – Kristen Hilmoe</p>	<p>C2 Autism Spectrum Disorder (ASD) and Learning – Leslie Van Dusen & Elizabeth Martin</p>	<p>C3 Creating Attachment & a Sense of Nature with a Rock & a Drum – Aileen Tuck</p>	<p>C4/D4 ADHD/ODD Coerce or Collaborate: A Punishment-Free Approach to Dealing w Challenging Behaviours - Dr. D. Duncan</p>	<p>C5/D5 Being your Child’s Natural Advocate & Navigating the System – Alana Cameron, Kim Howland, Sarah Lee</p>	<p>C6/D6 Discipline without Damage: How to get your kids to behave without messing them up – Dr. Lapointe</p>	<p>C7/D7 <i>(Cont’d A7/B7)</i> Facilitating Opt Outcomes in Feeding, Growth & Development: Multi-Lens Approach – Dianne Tower</p>
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2:10 PM Nutrition Break – Visit Exhibitors

2:30 PM

		<p>D3 Mindfulness in the Preschool & Elementary School Classrooms – Sarah Sinray</p>	<p>D4 Continued C4 Dr. D. Duncan</p>	<p>D5 Continued C5 Alana Cameron, Kim Howland, Sarah Lee</p>	<p>D6 Continued C6 Dr. Lapointe</p>	<p>D7 Continued A7, B8, C9 Dianne Tower</p>
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4:00 Closing Comments / Door Prizes

Hope to See You in November 2018